

# OSLO GRAND PRIX 2019

## RESULTS - Bodybuilding and Fitness

Saturday, 13 April, 2019

\* In CBB, BB and WP points for symmetry are doubled in the final.

\* Ties in "Round 2 score" will be broken using the "Relative Placement" method.

### Womens Fitness

No	Name	Club/Nationality	R2x2	R3	Score	Place
1	Linn Solvang	Gym 1540	10	5	15	1

### Mens Classic Bodybuilding - 175

No	Name	Club/Nationality	R2x2	R3	Score	Place
2	Jarl Bjermeland	Kaliber FKK	10	5	15	1
4	Ronny Gudmestad	Team City 24/7	22	11	33	2
3	Terje Aalberg	Kaliber FKK	28	14	42	3

### Mens Classic Bodybuilding + 175

No	Name	Club/Nationality	R2x2	R3	Score	Place
6	Stian Solgård	Kaliber FKK	10	5	15	1
5	Stefan Johannesen Lægreid	Team 24Fitness	20	12	32	2
7	Ahmad Alhitta	Harald's Gym	30	13	43	3
9	Niklas Nytun Wilhelmsen	Team Invictus	40	19	59	4

**Mens Classic Bodybuilding junior**

No	Name	Club/Nationality	R2x2	R3	Score	Place
10	Vebjørn Nettum	Team 24Fitness	10	5	15	1
11	Mookpaw Win	Kaliber FKK	20	10	30	2

**Mens Classic Bodybuilding master**

No	Name	Club/Nationality	R2x2	R3	Score	Place
13	Andre Thesen	Team City 24/7	10	5	15	1
12	Terje Dokken	Team 24Fitness	20	10	30	2

**Womens Wellness**

No	Name	Club/Nationality	R1	R2	Place
19	Anne Cathrine Westby	Harald's Gym		7	1
20	Tahimi Cedeno Daudinot	Fit4flex		8	2
14	Merethe Sørsensen	Team Elite		18	3
18	Ann Nguyen-Dahl	Porsgrunn Fitness og Body Building Klubb		22	4
17	Helene Fauskanger	Team LiveFit		24	5
16	Ingeborg Marie Engen	Team LiveFit		27	6

**Mens Classic Physique**

No	Name	Club/Nationality	R1	R2x2	R3	Score	Place
21	Patrik Eriksen	Colosseum KK	13	20	8	28	1
26	Firat Azik	Harald's Gym	8	22	15	37	2
24	Dawson Hamilton	Partner Fitness Team	13	28	13	41	3
22	Naser Al Waked	Team Invictus	16	28	18	46	4
23	Stian Sandve	Porsgrunn Fitness og Body Building Klubb	26	48	19	67	5
27	Kristian Markopolo	Team Invictus	30	60	30	90	6
25	Geir Hansen	Geirs FKK	32				7

**Bodyfitness - 168**

No	Name	Club/Nationality	R1	R2	Place
29	Martha Kjerstad	Team Toppform	10	11	1
31	Katharina Bråten	Team Vitality	13	13	2
33	Susanne Storhaug	Kaliber FKK	13	14	3
28	Nathalie Victoria Lambrecths	Team Bodytech Bergen	18	14	4
37	Joanna Pedersen	Atlas Fitness Team	23	23	5
34	Silje Olsen Bjerkås	Team Invictus	32	30	6
30	Monica Vøling Wexelsen-Freihow	Partner Fitness Team	33		7
32	Amalie Jacobsen	Colosseum KK	41		8
35	Andrea Aknes	Team 24Fitness	41		9

**Bodyfitness + 168**

No	Name	Club/Nationality	R1	R2	Place
41	Tina Johnsen	Atlas Fitness Team		5	1
40	Henriethe Thorvaldsen	Team Fit2gether		10	2
36	Linda Høst	Team Invictus		16	3
38	Karina Malen Karlsen	Team 24Fitness		18	4
39	Julijanne Finmark	Porsgrunn Fitness og Body Building Klubb		25	5

**Bodyfitness junior**

No	Name	Club/Nationality	R1	R2	Place
43	Sanne Aavik	Colosseum KK		5	1
42	Tina Sheida Tarlani	Colosseum KK		10	2

**Bodyfitness master**

No	Name	Club/Nationality	R1	R2	Place
46	Arti Sharma Lopes	Team 24Fitness	5	5	1
48	Tina Stranden	Atlas Fitness Team	10	10	2
47	Camilla Eilertsen	Team Vitality	15	15	3
52	Ann-Helen Lystad	Team Toppform	22	24	4
50	Tone Haug	Team Toppform	33	25	5
53	Siri Merete Andreassen	Team 24Fitness	23	28	6
45	Hege Erlandsen	Lillesand Treningsstudio AK	35		7
51	Mai Helen Lillebostad	Kaliber FKK	41		8
54	Mariann Torvanger	Atlas Fitness Team	41		9
44	Lisa Helen Hammarlund	Harald's Gym	50		10
55	Pernille Sandvold	Team Fit2gether	55		11

**Bodyfitness overall**

No	Name	Club/Nationality	R1	Place
46	Arti Sharma Lopes	Team 24Fitness	5	1
29	Martha Kjerstad	Team Toppform	11	2
41	Tina Johnsen	Atlas Fitness Team	14	3
43	Sanne Aavik	Colosseum KK	20	4

**Mens Physique - 173**

No	Name	Club/Nationality	R1	R2	Place
57	Erik Ha	Team Toppform	5	5	1
56	Heitor Sousa	Harald's Gym	10	10	2
61	Khan Dang	Partner Fitness Team	15	15	3
58	Mothanna Alsafi	Harald's Gym	28	22	4
60	Truls Krog Johansen	Colosseum KK	27	26	5
80	Aladdin Serhan	Team 24Fitness	21	27	6
62	Martin Palm	Team City 24/7	35		7
59	Italo Felipe Ribeiro	Team Toppform	38		8
67	Samuel Andebrhan Geremedhin	Team Toppform	45		9
65	Mads Sivertsen	Kaliber FKK	50		10
85	Shazad Ashraf	Harald's Gym	54		11

**Mens Physique - 176**

No	Name	Club/Nationality	R1	R2	Place
68	Rosbe Rezaei	Harald's Gym	6	6	1
82	Theerathat Nimjitnorm	Team 24Fitness	16	16	2
81	Felipe Da Silva	Harald's Gym	15	17	3
74	Marius Langerud	Team Trainingday	14	17	4
73	Simen Hagestande Monsen	Partner Fitness Team	22	23	5
72	Jonas Midtun	Team Trainingday	35	30	6
69	Valdrin Gashi	Porsgrunn Fitness og Body Building Klubb	37		7
70	Daniel E. Leite	Team Toppform	40		8
71	Joakim Bekkeli	Team 24Fitness	45		9
63	Alejandro Nava	Team Toppform	46		10
83	Ron Friberg	Lillesand Treningsstudio AK	55		11
76	Sharam Fakhryad	Team City 24/7	57		12

**Mens Physique - 179**

No	Name	Club/Nationality	R1	R2	Place
79	Jørn Rønåsen	Harald's Gym		5	1
84	Lasse Telnes	Team LiveFit		12	2
87	Damir Nesimi	Team LiveFit		14	3
77	Lars Syversen	Harald's Gym		20	4
78	Ole Marius Hoff	Porsgrunn Fitness og Body Building Klubb		27	5
101	Simen Andreas Hansen	Colosseum KK		28	6

**Mens Physique - 182**

No	Name	Club/Nationality	R1	R2	Place
92	Odd Erik Maurstig	Team LiveFit		7	1
89	Alexander Gilinsky	Atlas Fitness Team		9	2
93	Raymond Monchon Iversen	Team Toppform		15	3
88	Martin Waskaas	Fit4flex		20	4
90	Thomas Rønåsen	Harald's Gym		25	5

**Mens Physique + 182**

No	Name	Club/Nationality	R1	R2	Place
103	Thomas Joramo	Harald's Gym	7	7	1
97	Andreas Trønnes	Kaliber FKK	8	8	2
100	Ola Norman	Team 24Fitness	16	17	3
95	Ali Khalid Mohmood	Kaliber FKK	19	18	4
91	Eirik Kindsbækken	Lillesand Treningsstudio AK	27	25	5
104	Dovydas Malinovskis	Porsgrunn Fitness og Body Building Klubb	32	29	6
94	Ron Daniel Pedersen	Partner Fitness Team	36		7
99	Adrian J. Straith	Team Toppform	38		8
102	Jostein Solheim	Team LiveFit	45		9

## Mens Physique junior

No	Name	Club/Nationality	R1	R2	Place
106	Herman Leirskar	Harald's Gym	6	6	1
110	Ole Finkenhagen	Porsgrunn Fitness og Body Building Klubb	11	10	2
108	Daniel Jonas	Team 24Fitness	14	15	3
116	Bilal Sayed	Kaliber FKK	31	24	4
112	Chrisander Bergan	Team Fit2gether	31	24	5
117	Shayan Zarifi	Team 24Fitness	20	26	6
109	Motaz Alhawati	Harald's Gym	31		7
113	Daniel Orlando Aasheim	Team 24Fitness	38		8
111	Hans Jonas Knutsmoen	Harald's Gym	41		9
115	Robin Mortensen	Team 24Fitness	50		10
118	Dzilbert Osmann	Harald's Gym	55		11
119	Stian Johannesen	Colosseum KK	62		12
114	Mohamed Uweys Mohamed	Harald's Gym	63		13

**Mens Physique master**

No	Name	Club/Nationality	R1	R2	Place
120	Eduardo Da Silva	Team Toppform	5	5	1
122	Kent-Are Karlsen	Atlas Fitness Team	12	10	2
125	Svein Harald Mørkve	Team LiveFit	14	15	3
123	Rune Bjørkedal	Kaliber FKK	20	19	4
126	Per Christian Motrø	Harald's Gym	27	25	5
127	Frode Flage Eriksen	Partner Fitness Team	28	30	6
121	Roald Eliassen	Fitness Evolution	35		7
124	Nils Harald Moe	Team 24Fitness	40		8

**Mens Physique overall**

No	Name	Club/Nationality	R1	Place
57	Erik Ha	Team Toppform	5	1
92	Odd Erik Maurstig	Team LiveFit	14	2
120	Eduardo Da Silva	Team Toppform	16	3
79	Jørn Rønåsen	Harald's Gym	22	4
103	Thomas Joramo	Harald's Gym	23	5
68	Rosbe Rezaei	Harald's Gym	26	6
106	Herman Leirskar	Harald's Gym	35	7

**Womens Physique**

No	Name	Club/Nationality	R2x2	R3	Score	Place
129	Sherica Douglas	Team City 24/7	10	5	15	1
128	Trine Sakslund	Team Invictus	20	13	33	2
130	Henriette Ottesen	Harald's Gym	30	12	42	3

**Mens Bodybuilding**

No	Name	Club/Nationality	R2x2	R3	Score	Place
132	Petter Vindenes	Team Bodytech Bergen	14	8	22	1
133	Devidas Nauldolaitis	Team 24Fitness	16	7	23	2
134	Elias Fallgren	Colosseum KK	30	15	45	3
131	Krzysztof Kulakowski	Team 24Fitness	40	20	60	4

**Mens Bodybuilding**

No	Name	Club/Nationality	R2x2	R3	Score	Place
135	Rolf Gustavsen	Harald's Gym	10	5	15	1

**Womens Bikinifitness - 158**

No	Name	Club/Nationality	R1	R2	Place
142	Solveig Kjøren Gjelstad	Lewel Ultimates		10	1
138	Trude Eriksen	Kaliber FKK		12	2
137	Karina Elizabeth Auset	Team Toppform		14	3
136	Christine Nielsen	Team Invictus		15	4
141	Sonja Younesi Argadeh	Team 24Fitness		22	5
140	Margrete Mentzoni	Kaliber FKK		30	6

**Womens Bikinifitness - 164**

No	Name	Club/Nationality	R1	R2	Place
148	Olaug Trovåg	Team LiveFit	11	9	1
145	Beliz Kristine Øzbay	Team Trainingday	13	11	2
143	Silje Helene Borge	Team Exit	10	14	3
152	Agne Ratautiene	Kaliber FKK	18	18	4
151	Marte Brekke	Team LiveFit	25	24	5
147	Vibeke Andersen	TeamNewMe	30	29	6
146	Silje Alslie	Team Fit2gether	34		7
154	Karoline Aavik	Colosseum KK	40		8
144	Renate Mjelde	Team LiveFit	45		9
150	Inger Kaggerud	TeamNewMe	50		10
179	Anita Trena	Team Vitality	57		11
158	Madelen Kongshaug Beck	Teamjegliger	58		12

**Womens Bikinifitness - 169**

No	Name	Club/Nationality	R1	R2	Place
162	Frida Rommen	Harald's Gym	5	5	1
155	Grete Andreassen Bakken	Team Fit2gether	10	10	2
153	Mariann Nabben	Team Toppform	17	18	3
159	June Hansen	Harald's Gym	18	18	4
160	Ellen Thorstensen	Teamjegliger	30	27	5
157	Ine Mostue	Team Toppform	30	28	6
156	Synnøve Tennfjord	Kaliber FKK	31		7
161	Karianne Leiknes	Lewel Ultimates	38		8

**Womens Bikinifitness + 169**

No	Name	Club/Nationality	R1	R2	Place
173	Elisabeth Evensen	Team Fit2gether	5	5	1
165	Therese Persson	Team Elite	14	14	2
169	Lena Hustvedt	Team LiveFit	14	15	3
171	Ine Svendsen	Kaliber FKK	18	23	4
166	Veronika Kolltveit	Team LiveFit	28	24	5
163	Amanda Terese Jørgensen	Kaliber FKK	34	29	6
170	Maren Rolien	Team Invictus	34		7
164	Christine Frølish Braathen	Partner Fitness Team	41		8
176	Christiane Brekne Holmen	Team City 24/7	42		9
168	Hanna Linnestå Gjertsen	Team Vitality	52		10
174	Sonia Alnes	TeamNewMe	55		11
172	Caroline De Besche	Harald's Gym	61		12
167	Kathinka Reiersøl Burud	Team Exit	65		13
175	Tove Lill Hjertenes	Team Exit	70		14

**Womens Bikinifitness junior**

No	Name	Club/Nationality	R1	R2	Place
177	Hanne Eide	Lewel Ultimates	6	5	1
178	Trine Gillebo	Kaliber FKK	9	10	2
182	Benedikte Wolden	Team Fit2gether	15	15	3
181	Tonje Røstvik Strømmen	Kaliber FKK	20	20	4
180	Line Sæstad Walstad	Team Toppform	25	25	5
184	Monika Kopp	Team Toppform	30	30	6
200	Anniken Elise Paulsen	Lewel Ultimates	33		7
183	Hedda Henriksen	iFocus	38		8

**Womens Bikinifitness master**

No	Name	Club/Nationality	R1	R2	Place
187	Theresa Myrabø Herbro	Team Fit2gether		7	1
188	Linn Therese Solend Otterbu	Team Toppform		8	2
189	Gry Therese Hagen	Partner Fitness Team		17	3
186	Lavin Vahlmich	Harald's Gym		18	4

**Womens Bikinifitness overall**

No	Name	Club/Nationality	R1	Place
162	Frida Rommen	Harald's Gym	5	1
142	Solveig Kjøren Gjelstad	Lewel Ultimates	11	2
177	Hanne Eide	Lewel Ultimates	15	3
173	Elisabeth Evensen	Team Fit2gether	18	4
148	Olaug Trovåg	Team LiveFit	23	5
187	Theresa Myrabø Herbro	Team Fit2gether	30	6