

# NM 2019

## RESULTS - Bodybuilding and Fitness

Saturday, 14 September, 2019

\* In CBB, BB and WP points for symmetry are doubled in the final.

\* Ties in "Round 2 score" will be broken using the "Relative Placement" method.

### Mens Classic Bodybuilding

| No | Name             | Club/Nationality     | R2x2 | R3 | Score | Place |
|----|------------------|----------------------|------|----|-------|-------|
| 2  | Ørjan Arnesen    | Team 24fitness       | 10   | 9  | 19    | 1     |
| 4  | Mikkel Kolstad   | Team 24fitness       | 24   | 11 | 35    | 2     |
| 6  | David Ewald      | Shape & Fitness Club | 30   | 11 | 41    | 3     |
| 3  | Sebastian Haugan | Kaliber FKK          | 44   | 20 | 64    | 4     |
| 1  | Andre Michalsen  | Kaliber FKK          | 44   | 24 | 68    | 5     |

### Mens Classic Bodybuilding junior

| No | Name         | Club/Nationality | R2x2 | R3 | Score | Place |
|----|--------------|------------------|------|----|-------|-------|
| 8  | Stian Tangen | Kaliber FKK      | 10   | 5  | 15    | 1     |

### Mens Classic Bodybuilding master

| No | Name              | Club/Nationality | R2x2 | R3 | Score | Place |
|----|-------------------|------------------|------|----|-------|-------|
| 10 | Andreas Adolfsson | Team Fit2gether  | 10   | 5  | 15    | 1     |
| 9  | Aksel Bergheim    | Haralds Gym      | 20   | 10 | 30    | 2     |

### Mens Classic Bodybuilding overall

| No | Name              | Club/Nationality | R1 | Place |
|----|-------------------|------------------|----|-------|
| 10 | Andreas Adolfsson | Team Fit2gether  | 7  | 1     |
| 2  | Ørjan Arnesen     | Team 24fitness   | 8  | 2     |
| 8  | Stian Tangen      | Kaliber FKK      | 15 | 3     |

### Womens Wellness

| No | Name                 | Club/Nationality | R1 | R2 | Place |
|----|----------------------|------------------|----|----|-------|
| 12 | Anne-Cathrine Westby | Haralds Gym      |    | 5  | 1     |
| 11 | Benedikte Yddal      | Haralds Gym      |    | 10 | 2     |

### Mens Classic Physique

| No | Name           | Club/Nationality | R2x2 | R3 | Score | Place |
|----|----------------|------------------|------|----|-------|-------|
| 13 | Joakim Rafoss  | Team Elite       | 10   | 5  | 15    | 1     |
| 14 | Patrik Eriksen | Colosseum KK     | 20   | 10 | 30    | 2     |

### Bodyfitness - 163

| No | Name                  | Club/Nationality | R1 | R2 | Place |
|----|-----------------------|------------------|----|----|-------|
| 18 | Hanne Lulu Holst      | Team Toppform    | 8  | 7  | 1     |
| 20 | Jannicke Kirkelund    | Team Toppform    | 7  | 8  | 2     |
| 22 | Trine Andreassen Kvam | Team Invictus    | 16 | 14 | 3     |
| 21 | Maria Kværnø Pedersen | Team City 24/7   | 19 | 22 | 4     |
| 19 | Pernille Eliassen     | Haralds Gym      | 25 | 24 | 5     |
| 16 | Mina Alette Johnsen   | Colosseum KK     | 31 | 30 | 6     |
| 23 | Linn Johnsen          | Team LiveFit     | 34 |    | 7     |

**Bodyfitness + 163**

| No | Name                  | Club/Nationality | R1 | R2 | Place |
|----|-----------------------|------------------|----|----|-------|
| 24 | Tine Rødningsby       | Colosseum KK     |    | 8  | 1     |
| 27 | Connie Holm           | Team Toppform    |    | 11 | 2     |
| 28 | Heidi Sørensen Egstad | Team 24fitness   |    | 14 | 3     |
| 26 | Ebba Iggstrøm         | Team 24fitness   |    | 18 | 4     |
| 25 | Monika Ulseth         | Team Toppform    |    | 24 | 5     |

**Bodyfitness junior**

| No | Name                       | Club/Nationality     | R1 | R2 | Place |
|----|----------------------------|----------------------|----|----|-------|
| 30 | Julie Fredriksen           | Lillesand Atletklubb |    | 5  | 1     |
| 29 | Amanda Jensen              | Kaliber FKK          |    | 12 | 2     |
| 32 | Aina Fagerthun             | Team LiveFit         |    | 13 | 3     |
| 31 | Andrea Amelia Christiansen | Team Toppform        |    | 20 | 4     |

**Bodyfitness master**

| No | Name                     | Club/Nationality                        | R1 | R2 | Place |
|----|--------------------------|---|----|----|-------|
| 37 | Camilla Eilertsen        | Team Vitality                           |    | 5  | 1     |
| 35 | Anette Tollefsen Grennes | Porsgrunn fitness og bodybuilding klubb |    | 10 | 2     |
| 36 | Anette Dahle             | Team City 24/7                          |    | 17 | 3     |
| 33 | May Linn Engevik         | Kaliber FKK                             |    | 18 | 4     |
| 34 | Åse Tveitastøl           | Team City 24/7                          |    | 25 | 5     |

## Bodyfitness overall

| No | Name              | Club/Nationality     | R1 | Place |
|----|-------------------|----------------------|----|-------|
| 37 | Camilla Eilertsen | Team Vitality        | 8  | 1     |
| 30 | Julie Fredriksen  | Lillesand Atletklubb | 10 | 2     |
| 18 | Hanne Lulu Holst  | Team Toppform        | 15 | 3     |
| 24 | Tine Rødningsby   | Colosseum KK         | 18 | 4     |

## Mens Physique - 173

| No | Name                     | Club/Nationality     | R1 | R2 | Place |
|----|--------------------------|----------------------|----|----|-------|
| 40 | Ronnaphum Angkaew        | Team 24fitness       | 5  | 5  | 1     |
| 44 | André Bakkevoll Stavseng | Kaliber FKK          | 12 | 11 | 2     |
| 39 | Shazad Ashraf            | Haralds Gym          | 14 | 15 | 3     |
| 42 | Tien Tran                | Haralds Gym          | 19 | 21 | 4     |
| 45 | Damien Shank             | Partner Fitnesssteam | 26 | 23 | 5     |
| 55 | Safa Azizpour            | Team 24fitness       | 31 | 30 | 6     |
| 77 | Fredrik Jerpseth         | Haralds Gym          | 33 |    | 7     |
| 43 | Chaouki Jebali           | Team Toppform        | 40 |    | 8     |
| 41 | Thomas Svang Løvnæseth   | Team Training Day    | 45 |    | 9     |

## Mens Physique - 176

| No | Name                   | Club/Nationality | R1 | R2 | Place |
|----|------------------------|------------------|----|----|-------|
| 47 | Petter Kvernberg       | Kaliber FKK      | 5  | 5  | 1     |
| 49 | Daniel Ek              | Team Fit2gether  | 16 | 15 | 2     |
| 54 | Oskar Miszta           | Team Fit2gether  | 16 | 16 | 3     |
| 46 | Theerathat Nimjithnorm | Team 24fitness   | 15 | 16 | 4     |
| 48 | Surasak Rungroj        | Team 24fitness   | 23 | 23 | 5     |
| 52 | Andreas Hausland       | Team Elite       | 31 | 30 | 6     |
| 51 | Trond Arne Wolstad     | Kaliber FKK      | 34 |    | 7     |
| 50 | Daniel Wassli Wenzel   | Team Toppform    | 40 |    | 8     |

## Mens Physique - 182

| No | Name                       | Club/Nationality | R1 | R2 | Place |
|----|----------------------------|------------------|----|----|-------|
| 61 | Alexander Gilinsky         | Team Toppform    | 5  | 5  | 1     |
| 57 | Robert Eggen Stensvold     | Fit4Flex         | 13 | 12 | 2     |
| 58 | Zahed Soleiman             | Kaliber FKK      | 12 | 13 | 3     |
| 62 | Kristoffer Bjørndal        | Team LiveFit     | 21 | 20 | 4     |
| 59 | Marius Adamantium Gangmark | Team Toppform    | 28 | 27 | 5     |
| 53 | Aryan Salehi               | Kaliber FKK      | 31 | 28 | 6     |
| 56 | Rastegar Rostami           | Team 24fitness   | 32 |    | 7     |
| 60 | Alf Inge Knudtsen          | Kaliber FKK      | 37 |    | 8     |

## Mens Physique + 182

| No | Name                    | Club/Nationality                        | R1 | R2 | Place |
|----|-------------------------|---|----|----|-------|
| 68 | Dan Mikael Helgestad    | Team Toppform                           | 6  | 5  | 1     |
| 64 | Ola Norman              | Team 24fitness                          | 13 | 14 | 2     |
| 71 | Andreas Trønnes         | Kaliber FKK                             | 16 | 17 | 3     |
| 70 | Ole Elias Mosvold Hogga | Team Fit2gether                         | 20 | 18 | 4     |
| 67 | Gaute Haugen            | Team Fit2gether                         | 21 | 23 | 5     |
| 66 | Øystein Algrøy          | Team City 24/7                          | 31 | 28 | 6     |
| 65 | Erik Mathiesen          | Partner Fitnesssteam                    | 34 |    | 7     |
| 69 | Ørjan Johansen          | Team LiveFit                            | 40 |    | 9     |
| 63 | Thomas Eilertsen        | Porsgrunn fitness og bodybuilding klubb | 45 |    | 9     |

## Mens Physique junior

| No | Name                      | Club/Nationality     | R1 | R2 | Place |
|----|---------------------------|----------------------|----|----|-------|
| 85 | Preben Pedersen           | Haralds Gym          | 7  | 5  | 1     |
| 80 | Matias Sprenger           | Kaliber FKK          | 15 | 14 | 2     |
| 82 | Arkadiusz Bosek           | Team City 24/7       | 13 | 16 | 3     |
| 78 | Martin Myrvold            | Kaliber FKK          | 15 | 16 | 4     |
| 76 | Marius Ellingsen          | Partner Fitnesssteam | 26 | 25 | 5     |
| 73 | Petter Lydersen           | Kaliber FKK          | 29 | 30 | 6     |
| 86 | Johan Gustav Zachariassen | Haralds Gym          | 34 |    | 7     |
| 84 | Sebastian Knörr           | Team 24fitness       | 41 |    | 8     |
| 81 | Even Lippestad            | Team Vitality        | 47 |    | 9     |
| 83 | Kristoffer Westgaard      | Team Toppform        | 47 |    | 10    |
| 75 | Anders Muren              | Kaliber FKK          | 54 |    | 11    |

### Mens Physique master 40 - 44 år

| No | Name            | Club/Nationality     | R1 | R2 | Place |
|----|-----------------|----------------------|----|----|-------|
| 89 | Leion Raja      | Team 24fitness       |    | 5  | 1     |
| 88 | Stian Nystuen   | Partner Fitnesssteam |    | 10 | 2     |
| 87 | Anders Stenstad | Haralds Gym          |    | 15 | 3     |

### Mens Physique master + 45

| No | Name                | Club/Nationality | R1 | R2 | Place |
|----|---------------------|------------------|----|----|-------|
| 90 | Svein Harald Mørkve | Team Livefit     |    | 8  | 1     |
| 92 | Kenth Are Karlsen   | Team Toppform    |    | 8  | 2     |
| 93 | Helge Jonassen      | Team Invictus    |    | 15 | 3     |
| 91 | Roald Eliassen      | Haralds Gym      |    | 21 | 4     |
| 94 | Nils Harald Moe     | Team 24fitness   |    | 24 | 5     |

### Mens Physique overall

| No | Name                 | Club/Nationality | R1 | Place |
|----|----------------------|------------------|----|-------|
| 47 | Petter Kvernberg     | Kaliber FKK      | 8  | 1     |
| 85 | Preben Pedersen      | Haralds Gym      | 12 | 2     |
| 40 | Ronnaphum Angkaew    | Team 24fitness   | 13 | 3     |
| 68 | Dan Mikael Helgestad | Team Toppform    | 21 | 4     |
| 61 | Alexander Gilinsky   | Team Toppform    | 22 | 5     |
| 89 | Leion Raja           | Team 24fitness   | 31 | 6     |
| 90 | Svein Harald Mørkve  | Team Livefit     | 34 | 7     |

## Womens Physique

| No | Name          | Club/Nationality | R2x2 | R3 | Score | Place |
|----|---------------|------------------|------|----|-------|-------|
| 96 | Malin Iversen | Team 24fitness   | 10   | 5  | 15    | 1     |
| 95 | Joanna Sobon  | Team City 24/7   | 20   | 10 | 30    | 2     |

## Mens Bodybuilding

| No | Name            | Club/Nationality | R2x2 | R3 | Score | Place |
|----|-----------------|------------------|------|----|-------|-------|
| 98 | Bjarte Andersen | Team Exit        | 10   | 5  | 15    | 1     |
| 97 | Lasse Sjørdahl  | Team 24fitness   | 20   | 10 | 30    | 2     |

## Mens Bodybuilding master

| No  | Name          | Club/Nationality | R2x2 | R3 | Score | Place |
|-----|---------------|------------------|------|----|-------|-------|
| 100 | Knut Øines    | Haralds Gym      | 10   | 5  | 15    | 1     |
| 99  | Remi Røgeberg | Team Fit2gether  | 20   | 10 | 30    | 2     |

## Mens Bodybuilding overall

| No  | Name            | Club/Nationality | R1 | Place |
|-----|-----------------|------------------|----|-------|
| 98  | Bjarte Andersen | Team Exit        | 6  | 1     |
| 100 | Knut Øines      | Haralds Gym      | 9  | 2     |



### Womens Bikinifitness - 158

| No  | Name                      | Club/Nationality | R1 | R2 | Place |
|-----|---------------------------|------------------|----|----|-------|
| 105 | Remet Svedin              | Team Fit2gether  | 5  | 5  | 1     |
| 101 | Charlotte Mentzoni        | Team LiveFit     | 11 | 10 | 2     |
| 102 | Solveig Kjøren Gjelstad   | Lewel Ultimates  | 16 | 16 | 3     |
| 103 | Christine Nielsen         | Team Invictus    | 18 | 18 | 4     |
| 106 | Åsa Wingbro               | Haralds Gym      | 29 | 26 | 5     |
| 104 | Malwina Farian            | Team Toppform    | 32 | 29 | 6     |
| 108 | Tina Gregersen            | Team Fit2gether  | 33 |    | 7     |
| 107 | Flor Abigail Rivera Reyes | Kaliber FKK      | 39 |    | 8     |

### Womens Bikinifitness - 164

| No  | Name               | Club/Nationality                        | R1 | R2 | Place |
|-----|--------------------|---|----|----|-------|
| 111 | Pernille Lindseth  | Team Toppform                           | 5  | 5  | 1     |
| 112 | Audhild Laukeland  | Kaliber FKK                             | 10 | 11 | 2     |
| 121 | Toril Elvheim      | Haralds Gym                             | 15 | 14 | 3     |
| 110 | Charlotte Eskilt   | Haralds Gym                             | 20 | 22 | 4     |
| 118 | Cami Krohn         | Haralds Gym                             | 27 | 24 | 5     |
| 114 | Hildegunn Hjelstad | Kaliber FKK                             | 32 | 28 | 6     |
| 113 | Camilla Larsen     | Team Invictus                           | 32 |    | 7     |
| 109 | Jannike Hammer     | Porsgrunn fitness og bodybuilding klubb | 38 |    | 8     |

### Womens Bikinifitness - 166

| No  | Name            | Club/Nationality | R1 | R2 | Place |
|-----|-----------------|------------------|----|----|-------|
| 120 | Martine Meling  | Team City 24/7   |    | 8  | 1     |
| 115 | Silje Svensvik  | Team Toppform    |    | 11 | 2     |
| 119 | Marte Mandelid  | Team Toppform    |    | 12 | 3     |
| 116 | Amanda Olafsson | Team Fit2gether  |    | 20 | 4     |
| 117 | Maren Bergstrøm | Team 24fitness   |    | 22 | 5     |

### Womens Bikinifitness - 169

| No  | Name                      | Club/Nationality     | R1 | R2 | Place |
|-----|---------------------------|----------------------|----|----|-------|
| 124 | Cathrine Pedersen Hausvik | Team LiveFit         |    | 9  | 1     |
| 127 | Izabela Gabriela Sandulow | Lillesand Atletklubb |    | 11 | 2     |
| 125 | Grete Andreassen Bakken   | Team Fit2gether      |    | 13 | 3     |
| 123 | Amanda Strand             | Team Toppform        |    | 20 | 4     |
| 128 | Silje Wexal Horslund      | Haralds Gym          |    | 25 | 5     |
| 122 | Charlotte Elveland        | Team Toppform        |    | 30 | 6     |

## Womens Bikinifitness + 169

| No  | Name                  | Club/Nationality | R1 | R2 | Place |
|-----|-----------------------|------------------|----|----|-------|
| 131 | Helene Andersen       | Team Fit2gether  | 6  | 6  | 1     |
| 136 | Tiril Annie Sundkjer  | Team Fit2gether  | 12 | 12 | 2     |
| 129 | Ida Karoline Johansen | Team Fit2gether  | 13 | 12 | 3     |
| 138 | Ina Angelica Loader   | Team Toppform    | 20 | 21 | 4     |
| 134 | Martine Edgren        | Team Fit2gether  | 24 | 26 | 5     |
| 133 | Vilde Graneng Holmen  | Colosseum KK     | 31 | 29 | 6     |
| 135 | Elina Turka           | Team Toppform    | 35 |    | 7     |
| 137 | Frida Moi             | Lewel Ultimates  | 41 |    | 8     |
| 130 | Anette Pettersen      | Team Toppform    | 46 |    | 9     |
| 132 | Linn Furesund         | Kaliber FKK      | 47 |    | 10    |

## Womens Bikinifitness junior

| No  | Name                      | Club/Nationality                        | R1 | R2 | Place |
|-----|---------------------------|---|----|----|-------|
| 150 | Alexandra Paar            | Lewel Ultimates                         | 11 | 8  | 1     |
| 141 | Live Fabine Kjernet       | Team Toppform                           | 14 | 14 | 2     |
| 149 | Catharina Holmbukt        | Porsgrunn fitness og bodybuilding klubb | 13 | 15 | 3     |
| 142 | Sunniva Anglen            | Lillesand Atletklubb                    | 13 | 16 | 4     |
| 143 | Margrethe Bruu            | Lewel Ultimates                         | 26 | 21 | 5     |
| 145 | Lena Barth                | Team Toppform                           | 29 | 29 | 6     |
| 151 | Kine Marie Gaup           | Team Toppform                           | 33 |    | 7     |
| 146 | Hanna Elisabeth Rasmussen | Lewel Ultimates                         | 40 |    | 8     |
| 147 | Veronica Christensen      | Team Toppform                           | 47 |    | 9     |
| 140 | Andrea Marie Rosli        | Team Invictus                           | 48 |    | 10    |

### Womens Bikinifitness master 35 - 39 år

| No  | Name                     | Club/Nationality | R1 | R2 | Place |
|-----|--------------------------|------------------|----|----|-------|
| 154 | Karina Jensen            | Team Toppform    |    | 7  | 1     |
| 156 | Katarina Szymczak        | Team Vitality    |    | 9  | 2     |
| 153 | Camilla Motrø            | Team Invictus    |    | 12 | 3     |
| 152 | Ingeborg H Bakken        | Team Toppform    |    | 21 | 4     |
| 155 | Marte Drolsum            | Team 24fitness   |    | 23 | 5     |
| 157 | Natalia Krosby-Schjerven | Team Toppform    |    | 29 | 6     |

### Womens Bikinifitness master + 40 år

| No  | Name                  | Club/Nationality | R1 | R2 | Place |
|-----|-----------------------|------------------|----|----|-------|
| 158 | Theresa Myrabø Herbro | Team Fit2gether  |    | 5  | 1     |
| 159 | Teresa Blancaflor     | Team Toppform    |    | 12 | 2     |
| 160 | Tone Elise Olstad     | Team 24fitness   |    | 13 | 3     |

### Womens Bikinifitness overall

| No  | Name                      | Club/Nationality | R1 | Place |
|-----|---------------------------|------------------|----|-------|
| 105 | Remet Svedin              | Team Fit2gether  | 5  | 1     |
| 111 | Pernille Lindseth         | Team Toppform    | 13 | 2     |
| 131 | Helene Andersen           | Team Fit2gether  | 15 | 3     |
| 124 | Cathrine Pedersen Hausvik | Team LiveFit     | 15 | 4     |
| 120 | Martine Meling            | Team City 24/7   | 25 | 5     |
| 158 | Theresa Myrabø Herbro     | Team Fit2gether  | 35 | 6     |
| 154 | Karina Jensen             | Team Toppform    | 36 | 7     |
| 150 | Alexandra Paar            | Lewel Ultimates  | 36 | 8     |