

Kjøreplan Sandefjord 2019

Lørdag	
Start	10.30
NM AF menn	Kvartvendinger
NM AF menn	Crossfit løype
MP junior	Kvartvendinger
MP DEB - 170	Kvartvendinger
NM AF menn	Premieutdeling
MP junior	Finale
MP DEB - 170	Finale
MP junior	Premieutdeling
MP DEB - 170	Premieutdeling
Pause	12.15 - 12.30
MP DEB - 179	Kvartvendinger
MP DEB + 179	Kvartvendinger
MP DEB - 179	Finale
MP DEB + 179	Finale
MP - 170	Finale
MP DEB - 179	Premieutdeling
MP DEB + 179	Premieutdeling
MP - 170	Premieutdeling
MP - 176	Kvartvendinger
MP - 182	Kvartvendinger
MP + 182	Kvartvendinger
MP - 176	Finale
MP - 182	Finale
MP + 182	Finale
Pause	15.00 - 15.30
MP - 176	Premieutdeling
MP - 182	Premieutdeling
MP + 182	Premieutdeling
MP master	Kvartvendinger
WP	Finale
WP	Premieutdeling
MP master	Premieutdeling
<b>MP</b>	<b>Overall Men's Physique</b>
BB	Finale
BB	Premieutdeling
BF junior	Finale
BF junior	Premieutdeling
BF DEB	Finale
BF DEB	Premieutdeling
BF master	Kvartvendinger
BF + 163	Kvartvendinger
BF master	Finale
BF - 163	Finale
BF + 163	Finale
BF master	Premieutdeling
BF - 163	Premieutdeling
BF + 163	Premieutdeling
<b>BF</b>	<b>Overall Bodyfitness</b>
CP	Finale
CP	Premieutdeling
Slutt	19.00

Søndag	
Start	10.30
BIK junior	Kvartvendinger
BIK DEB - 162	Kvartvendinger
BIK DEB - 166	Finale
BIK DEB - 172	Finale
BIK junior	Finale
BIK - 162	Finale
BIK junior	Premieutdeling
BIK DEB - 162	Premieutdeling
BIK DEB - 166	Premieutdeling
BIK DEB - 172	Premieutdeling
Pause	12.15 - 12.30
BIK DEB + 172	Kvartvendinger
BIK - 162	Kvartvendinger
BIK - 166	Kvartvendinger
BIK DEB + 172	Finale
BIK - 162	Finale
BIK -166	Finale
BIK DEB + 172	Premieutdeling
BIK - 162	Premieutdeling
BIK - 166	Premieutdeling
BIK - 169	Finale
BIK - 172	Finale
BIK + 172	Finale
Pause	14.30 - 15.00
BIK - 169	Premieutdeling
BIK - 172	Premieutdeling
BIK + 172	Premieutdeling
BIK master	Finale
CBB DEB	Finale
BIK master	Premieutdeling
<b>BIK</b>	<b>Overall Bikinifitness</b>
CBB DEB	Premieutdeling
Pause	16.30 - 16.45
Wellness	Kvartvendinger
CBB	Finale
Wellness	Finale
CBB	Overall CBB
Wellness	Premieutdeling
Slutt	18.00